

*LIFEWOR*K BIBLE STUDY

HEALTH CARE



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GENERAL INSTRUCTIONS

The purpose of this Bible study is to help you begin to search the Scripture with “vocational eyes,” the eyes of the accountant, the farmer, or the health care worker. How does the character of God frame your vocation? God is the Master Communicator. What does He have to say about communication? He is the Master Architect. What does He have to teach you, His student, about design or construction? He is the Master Teacher. What does He have to convey to you about the philosophy and methodology of education? He is the Divine Healer. What does Scripture have to say about health, sickness, and healing?

In studying the Scriptures to develop a biblical theology of vocation, we are not looking so much for proof texts as “context.” The Bible does not speak exhaustively on any vocation. It does not give “ten easy steps.” It does speak in terms of principles¹ and precepts.² These provide a context for understanding our work and framing our mind, motivation, and method of our work. As you search the Scriptures, look for principles that have application to your vocation. Be careful not to put human attributes on God, but see things in His nature, as He reveals Himself in Scripture and in the person of Christ. God is the prototype/archetype for human activity.

As you do this study, look from two vantage points. If we think of the Scriptures as a forest, we must first spend some time *inside* the forest studying individual “trees”—verses—as well as their surroundings—the passage or book of the Bible. Second, we must look at the forest from the *outside*, viewing it from a mountaintop. This gives us the big picture—the meta-story, or worldview perspective. The entire Bible is God’s Transforming Story. We may learn details about vocation from examining individual verses—“trees”—of Scripture as well as gain conceptual understanding from looking from the mountaintop of the Biblical worldview. In Genesis 1:29 God said, “I give you every seed-bearing plant on the face of the whole earth...” This provides a mountaintop view of agriculture. God, the Creator of the universe, is The Agriculturalist—He created the concept of seed-bearing plants and the sowing/reaping system. John 15:1-2 reads, “I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful.” Here Jesus used a particular agricultural technique, namely “cutting” and “pruning” as a metaphor for our lives in Christ. Aside from the spiritual importance, we learn that for a vine or tree to maximize its potential, weak branches must be “cut off” and strong ones must be “pruned.”

As you study Scripture generally or in developing a biblical theology of vocation, be sure to spend time reflecting both on the details and on the big-picture Worldview of Scripture.

Some might say, “This is too much work!” I would respond by saying that developing a Biblical Theology of Vocation is not an event in a person’s life; it is part of traveling on the road of life-long learning. We spend most of our lives in some kind of a work capacity. How much more satisfying it could be if we understood the place of our work within the framework of God’s unfolding Kingdom.

In this study, you will find:

¹ Principle: “..., the cause, source or origin of anything; that from which a thing proceeds; ... A general truth;” [Noah] Webster’s 1828 Dictionary, © 1995, Christian Technologies, Inc.

² Precept: “..., any commandment or order intended as an authoritative rule of action;” [Noah] Webster’s 1828 Dictionary, © 1995, Christian Technologies, Inc.

- ◆ **Nature of God:** Offers insight on that part of God’s character from which the vocation may be framed.
- ◆ **Foundation verse(s):** Offers a potential starting point for exploring the vocation.
- ◆ **Discovery verses:** Identifies a few representative verses found in Scripture that may help to shape our vocational understanding. The verses used in the Discovery section are a small starting point. They are representative, not exhaustive.
- ◆ **Vocational insight:** Provides a place to write any insights you gain from the passage. Each vocation has one of the boxes filled in as an example of a potential insight.
- ◆ **Questions for further reflection and application:** Provides a place to answer the question, “How am I going to apply what I am learning?” It is a place to record questions the passage raises on which you may want to further reflect. Again, an example is presented in each vocation.
- ◆ **Quote:** Provides an insight from one of the “great cloud of witnesses” related to the vocation.
- ◆ The symbol * identifies similar vocations

As you study, pray and ask God to open your eyes of understanding as to how the truth of Scripture may speak into your vocation.

As you study the Discovery verses, ask questions of the text in the following order:

1. **What does it say? (Hear the text!)** Look for new insights about God, man, and creation as they relate to your vocation. As mentioned earlier, look at both individual “trees” as well as the larger “forest.”
2. **What does it mean?** What light does this shed on my occupation?
3. **Look for principles.** For example, a principle for relief work may be found in Ruth 2:15-19. Boaz recognized that Ruth’s dignity was as important as her need for food. How would a relief worker do their work in a way that affirms the dignity of people caught in a crisis?
4. **Look for technical knowledge.** For example, under health care, Deuteronomy 23:12-14 establishes the need for “pit latrines.” In addition, note why pit latrines are necessary. What is the relationship between a Holy God and sanitation? What if there is no concept of a Holy God in the culture where a health promoter is working? What are the barriers of that for sanitation?
5. **How does it apply?** What am I going to do with this? What does God want me to do with this as it relates to my vocation? The passage itself may raise questions in your own mind that require further reflection. Those may be recorded in the column labeled “Questions for Further Reflection and Application.”

An individual may want to pick the occupation closest to their own and work through the study to gain a sense of how a Biblical Theology of Vocation can enliven and give depth to one’s work.

Enjoy!

HEALTH CARE*

Nature of God: Healer

Foundation verse: Exodus 15:26 He said, "If you listen carefully to the voice of the LORD your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the LORD, who heals you."

Discovery

Verses	Vocational Insight	Questions for Further Reflection and Application
Genesis 3:16		
Exodus 15:26	<i>God is the God who heals. He is the healer. Before the Fall, there was no brokenness; there was no wounding. God seeks to make the broken whole, the unhealthy well.</i>	<i>Since God is the divine physician, what health care teaching has He made available to us in the Scripture?</i>
Exodus 23:25-26		
Leviticus 13		
Numbers 21:4-9		

* public health worker, nutritionist, health educator, nurse, medical doctor

Verses	Vocational Insight	Questions for Further Reflection and Application
Deuteronomy 14:1-21		
Deuteronomy 23:12-14		
Psalms 103:1-3		
Mark 2:1-12		
Luke 7:18-22		
John 9:1-3		
Revelation 22:1-2		

... Raised in the royal court, [Moses] “was educated in all the wisdom of the Egyptians” (Acts 7:22). No doubt, he knew and used the Egyptian remedies.

Moses had been steeped in these infection-spreading practices. Who would expect Moses to make breakthroughs in epidemic prevention? Yet Moses recorded an unlikely promise to the ancient Hebrews:

“If you give careful attention to the voice of the Lord your God, do what is right in his sight, give ear to his commandments, and keep all his statutes, I will put none of these diseases upon you, which I have brought upon the Egyptians; for I am the Lord who heals you.” Exodus 15:26

“None of these diseases!” What a promise! For centuries epidemics had killed thousands of Egyptians and Hebrews. Ancient treatments rarely helped. Often the “cure” was worse than the disease. Yet here God made a fantastic promise—freedom from diseases.

God then gave Moses many health rules, filling a whole section of the Bible. Would Moses have enough faith to record the divine innovations, even if they contradicted his royal post-graduate university training? If Moses had yielded to his natural tendency to add even a little of his “higher education,” the Bible would contain such prescriptions as “urine of a faithful wife” or “blood of a worm.” We might even expect to him to prescribe the “latest” animal manure concoction. But the record is clear. Moses recorded hundreds of health regulations but not a single current medical misconception.

Thousands have died through the centuries, however, because doctors ignored the biblical rules. Finally, when doctors read and tried these guidelines, they quickly discovered how to prevent the spread of epidemics. Thus Moses could be called the father of modern infection control.

Even today we are still benefiting from God’s 3,500-year-old instructions.

S. I. McMillen, M.D. and David E. Stern, M.D.

None of These Diseases

pp. 10-11

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